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# SECRET SINGING TIPS

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A QUICK START GUIDE TO  
SINGING BETTER RIGHT NOW

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## *Tip #1. Know Thy Tongue*

The tongue is considered one of the biggest enemies for the singer. It's always in the way!

It is the only muscle in the whole body that is connected at one end, but free at the other.

While you're trying to sing, it looks like it's in the middle of your mouth. I used to wonder... "Where does the tongue go when I need to sing"?

### **Let's solve that mystery.**

Most of the time, the tip of the tongue needs to be on the inside of your lower teeth, just resting there. That's where your tongue is supposed to be for all the vowels you're singing.

If you need to lift your tongue to sing a "T", or a "TH", after you finish the consonant, you immediately need to get the tongue right back down where it's supposed to be.

That will help you have better tone and help your voice to resonate more, giving the sound more volume, and more quality.

## *Tip #2. Improve Your Posture*

**Your mother was right!** Your posture is very important.

If you are bent over, your diaphragm is in a bad position. It can't open up and make room for your lungs to expand.

When you're breathing from your diaphragm, you don't raise your chest when you're breathing in, or lower it when you're breathing out.

Most people ignore this fact, and breathe by moving their chest.

The idea is to **have your chest remain high to begin with** and when you breathe, you have to expand your stomach to your sides.

This helps the diaphragm be in the descended position and not ascend too quickly.

## *Tip #3. Voice Understanding*

Understand the way you talk and sing.

**Three important things are to** understand your voice, learn proper technique, and do vocal exercises.

If you talk nasally, or sing nasally, it doesn't sound good and nobody wants to listen to that.

Understanding the voice would refer to knowing when there's a problem, for example, getting rid of the nasality in your voice.

Usually nasally singing means that the soft palate, the roof of your mouth, is down too low.

As you'll learn, the voice is a delicate instrument, and many things interfere with your voice.

This is why it's important to understand what's wrong, and address that specific issue.

## *Tip #4. Vocal Warm-Ups*

Vocal warm-ups are very important.

**Your voice is made of muscle** and cartilage and you need to build up the muscles in order to be able to manipulate the notes the way you want to.

You need to strengthen those muscles so that they can respond the way you want them to when you're singing.

Start with the "Zs" vocals, start high, and do the five notes descending.

Next, start a little lower, then you can raise it up, higher and higher.

This is a really good exercise. You can go up and back down to get that lower and higher register in your voice.

This is a good warm-up, but it also gets your voice ready for more strenuous singing or vocal exercises.

## *Tip #5. Master The Pitch*

A lot of singers think that they're tone deaf, but in reality, they're just lacking the muscle control and memory to link the ear to the throat.

When you hear that you are not in the correct pitch, it is likely due to the lack of control and inability to connect that mental feeling of wanting to go somewhere and actually allowing your cords and your body to do it.

**The best way to get control of your voice is to start really small.** Baby steps.

It's easier to hum sometimes, than to try to give a full voice and body sound.

If you use a smaller amount of chords, like singing a lullaby, it will be a lot easier for you to grow a voice from there.



## Tip #6. Go Easy



If you are someone who is at the basic skill level when it comes to singing, you want to choose songs or melodies or warm-ups that are in your comfort zone.

It's in your best interest to find singers that kind of have a similar tone of voice, and a similar range as yours.

Start with something that feels very natural, in your conversational range.

Start easy. **Make a small goal and practice** for a couple of weeks or a month.

It's kind of a micro progression.

It will allow you to feel like you're waking up your voice and gaining a little bit more control, which can eventually be built on.

## *Tip #7. Open Your Face*

**Don't think that singing all happens in the throat.**

In reality, singing has to do with where the pitch, or the sound, resonates on your face.

If you have trouble aiming your sound, it could be that you have a very closed off face.

Try to stretch out your face. When you sing, you want to be open and have no obstructions.

Stretch out the back of your throat, kind of like when you yawn.

Just do that over and over, try to raise your palate in the back, and drop your jaw, to make a nice space for you to sing.

When you sing, you want to open up the front of your face too.

Try to look in the mirror and imagine your entire face is opening up.

## *Tip #8. Lose Your Fear*

There is a lot of experimentation that you need to do in order to find your best tone and voice.

When you start singing and you start stretching out your face, it might sound completely different.

You have to **feel comfortable going out of your comfort zone to make improvements** with your voice.

When trying a new technique or exercise, maybe you sound ridiculous, but who cares, you have to keep trying to evolve and grow as a singer.

If you have a fear that in the process of stretching out your face, you're going to crack, you have to get comfortable with that fear and understand that you will be fine.

You don't need to worry about making a mistake. If you do, you'll never ever get better.

Just get used to that repeated feeling of being whacked, and that's how progress will really be made.

**Done with reading for now?**

**Well, maybe just read one more page...**

## ***The Truth About Singing Better***

I understand that these tips can be very useful, but they're so scattered and all over the place at the same time.

The truth is, you can't learn how to sing and improve your voice from reading a few tips like this.

Sure these can give you some good ideas moving forward, but what you really need is Video Lessons.



I have personally reviewed all the online singing lesson websites and courses, and I found Aaron's Superior Singing Method to be the best.

This is what I recommend to everyone who wants to learn how to improve their voice.

I recommend you watch some video tips from Aaron I have linked to in the link below:

***Learn more about Aaron's course here***



# ***Online Vocal Lessons***

Singing tips written in a book are a great way to give you some ideas on how to sing better, but wouldn't you rather have someone actually explain the techniques and tips in a video?



**Learn More About Aaron's Lessons Here >>**

